

Focus on Your Future

April, 2011

TEST DATES

ACT

April 9, 2011
June 11, 2011

SAT

May 7, 2011
June 4, 2011

STUDENTS

Fee waivers are available in the Counseling Office for these tests provided a student qualifies.

In addition, if you are eligible for an ACT/SAT waiver, you may also be eligible for a college application fee waiver. See your counselor for information.

COUNSELING STAFF

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THE FINAL STAGE

Here we are, the moment of truth! Admission decisions are in the mail for most colleges and universities and students anxiously await the delivery of letters daily. There have been some disappointments and some pleasant surprises but, bottom line, most of our students have options and some positive decisions to make. However, your work is not quite finished yet. It is very important that you make your final decision and submit your tuition deposit by **May 1** to the college you plan to attend next year. It is equally important that you inform schools you have not selected of your decision. This allows them to pursue students on their waiting list and offer them admission.



It is also important seniors, that you confirm your intent to accept

“One cannot discover new oceans until he lets go of the shore.”

Andre Giddes

or deny any financial aid and/or scholarships you have been offered. Although we, as high school counselors, are not experts in the area of college financial aid, if you have questions about what you have or have not been offered, bring your papers by and we will try to help. At worst, we can figure out whom to call to get you an answer. Also, there are still clubs and organizations sending us information about private scholarship opportunities (see the list at the end of this newsletter). Come in and investigate whether any of these prospects fit your profile. Remember-you can't get it if you don't try.

Finally, pay careful attention to any mail you receive from the college of your choice. They may send you specific and different information and deadlines related to Housing, Honors Programs, Athletics, etc. that will be very important for you to follow through with and verify. This follow through reflects well on Lakewood High School and our students and we encourage you to complete the process. **Congratulations seniors on a job well done!**

LETTING GO

Parents— now that leaving home may be more of a reality for your student, we would like to offer you an opportunity to hear how to handle all that is involved in saying goodbye. On Wednesday, May 11, from 6:30—7:30 PM, counselors will present a program entitled **Letting Go** for parents of senior students. We will deal with the changes a family goes through and the emotional roller coaster experienced when one of the members prepares to head off to college. The presentation will include information on emotions to expect, formulas for success, life on a college campus and stress points in the transition. Valuable resources will be shared including the now well recognized “bible” on today's college experience, Letting Go, by Karen Levin Coburn and Madge Lawrence Treeger. This will be the ninth year the Counseling Office has presented this program and in our first attempt we included students. Although we believe that they too gained some important insight from what they heard, we also feel that the program was more directly aimed at the parents. Thus our designation this year as **Parents Only**. Hopefully, by next year, we will be organized to present a **Students Only** separate format also.

So mark your calendar and meet in the Library classroom for information and strategies on making the transition and spread the word to your friends.

IT IS NOT TOO LATE TO APPLY FOR FINANCIAL AID! THE FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA) IS AVAILABLE IN THE COUNSELING OFFICE. IF YOU PLAN TO APPLY FOR FINANCIAL AID AT YOUR COLLEGES AND UNIVERSITIES, PLEASE PICK ONE UP NOW OR FILE ON-LINE AT WWW.FAFSA.ED.GOV.

COLLEGE VISITS/FAIRS

As of this date we still have colleges scheduling to visit Lakewood High School and our students. Keep listening to the daily announcements, check the easels outside the Counseling Office to stay updated.

April 22 9:00 AM University of Northern Colorado

Also wanted to remind you and your younger friends about the RMACAC College Fair that is being held at Lakewood High School on Sunday, May 1 from 1:00-3:30 PM. Colleges and Universities from all over the country will be in attendance to meet with Denver area students and share information about their institutions. Let your friends know about this opportunity.

COLLEGE ENROLLMENT MAP

Do you remember the map of the United States posted last year outside of the Counseling Office with flags indicating the college choices of our graduating seniors? We will once again be displaying the final selections of this year's seniors, the Class of 2011. When you have made your decision please see Mrs. DeVito in the Counseling Office and we will add your name and school to the list. **In addition, a graduation insert will be produced that includes scholarships LHS seniors have been awarded. So bring a copy of your award letter to Mrs. DeVito or your counselor and we will print it.**

SCHOLARSHIPS

<u>Deadline</u>	<u>Scholarship Sponsor</u>	<u>Miscellaneous</u>
April 1, 2011 April 1, 2011	South Lakewood Elementary PFLAG Denver	Alumni of South Lakewood Elem. CO resident; US citizen; Self-identify as LGBTQ or as a straight ally; 3.0 GPA; Recommendations African-American female; Attend Denver Metro HS; 3.0 GPA; not a relative of sorority member
April 1, 2011	Delta Sigma Theta Sorority, Inc.	Student received treatment for Congenital heart disease or Acquired heart-related condition; 2.0 GPA
April 1, 2011	Cardiac Kids Scholarship	Various awards; 2.75 GPA; Pursue food service-related academic program; Industry-related work experience
April 4, 2011	Colorado Restaurant Association	Attended Peiffer Elem. K-6; Graduate from Jeffco HS; 3.0 GPA
April 5, 2011	Peiffer Elementary PTA College Scholarship	LHS senior; top 50%; Character; Activities; Work experience
April 6, 2011	LHS Class of '51 Scholarship	Parent/guardian must be JCCA general or emeritus member; need 3.0 GPA; Attended Bear Creek K-8; Pursue teaching career
April 8, 2011	JCAA Scholarship	
April 8, 2011	Marilyn Leimbach Future Teacher's Scholarship	

WESTERN UNDERGRAD. EXCHANGE PROGRAM

The Western Undergraduate Exchange Program (WUE) provides tuition reduction opportunities for Colorado residents attending selected two and four year out-of-state colleges. Students considering applying or attending college in any of the following states should read the WUE brochure available in the Counseling Office. Selected schools and programs are located in the following states:

- Alaska
- Hawaii
- Idaho
- Montana
- Nevada
- New Mexico
- North Dakota
- Oregon
- South Dakota
- Utah
- Washington
- Wyoming

COLLEGE FAIRS

Denver College Fair

Sunday, May 1, 2011
1:00—3:30 PM
Lakewood High School

Nat'l Hispanic College Fair

Friday, April 29, 2011
9:30 AM-12:30 PM
Jefferson County Fair Grounds; Exhibit Hall 1,2,3

Colleges That Change Lives

Wednesday, August 4, 2011
7:00 PM
Denver Convention Center

OPEN HOUSES

George Washington Univ.

Saturday, April 30, 2011
4:00 PM
Kent Denver School

<u>Deadline</u>	<u>Scholarship Sponsor</u>	<u>Miscellaneous</u>
April 11, 2011 (rec. by)	Jeffco Republican Women	Resident of Jeffco and Jeffco H.S. graduate; Female
April 11, 2011 (rec. by)	Fairmount Elementary PTA	Attended Fairmount Elem. For 3 yrs.; Good citizen; Community service
April 15, 2011	Celebration of Teaching Schol.	Attended Glennon Heights Elem., Plan to enter teaching profession; 3.0
April 15, 2011	Pi Lamda Chi Scholarship	Female; Community service; 3.0 GPA; Attend a CO institution
April 15, 2011	Gwendolyn S Duran Memorial Scholarship	Plan to pursue Law career; Financial need
April 15, 2011	Police Athletic League Scholarship	Attend a Jeffco HS; Academics; Activities; Financial Need
April 15, 2011	Nat'l Asso. Of Women in Construction	Female; Attend CO college; Pursue major in construction related field
April 15, 2011	Manning School PTA Scholarship	Attended Manning for 7th & 8th Grades; 3.0 GPA; US citizen
April 18, 2011(re. by)	Jeffco Asso. of Educational Office Professionals	Graduating Jeffco senior; Pursue career in business, library media or related to special needs students; 3.0 GPA; Activities and service
April 18, 2011	Diane Dawson Memorial Scholarship	Denver area grad. senior; 2.5 GPA; Parent/guardian with terminal cancer or lost a parent to terminal disease
April 20, 2011	Cibrowski Family Foundation	Pursue career in Chemistry or Engineering at CSM or DU; 3.5 GPA
April 25, 2011	International Baccalaureate Schol.	Current LHS IB student
April 22, 2011	Student Insights	www.student-view.com
April 29, 2011	Credit Union of Denver	Current member of Credit Union of Denver; Essay; Recommendation 31 ACT or 2040 SAT
April 30, 2011	Healthy Lifestyles Scholarship	Under 25 years old; Essay
April 30, 2011	Will To Win Scholarship	www.studentscholarships.org
May 1, 2011	AEMP Legacy Scholarship	Asthma; 3.5 GPA; Outstanding Career interest as heavy equipment technician; 2.0 GPA
May 1, 2011	International Baccalaureate Parent's Association Scholarship	LHS IB student; Transcript; Recommendations; Activities; Essay
May 1, 2011	Rocky Mountain Water Environment Association	Pursue study related to the water environment profession
May 6, 2011	Dial My Dentist Scholarship	Ages 16-21;
May 15, 2011	Carrie King/Troy Lyles Memorial Scholarship	www.studentscholarships.org
May 23, 2011	CO Asso of Black Journalists	LJBA baseball player and/or play a sport for LHS; Transcript; Essay
June 1, 2011	S.S. Scholarship Program	African American; Major in Journalism or Mass Communications; 3.0 GPA
June 1, 2011	West Metro Fire Rescue/Chief's Fund Scholarship	Under 21;
June 1, 2011	Big Dig Scholarship	www.studentscholarships.org
June 15, 2011	2011 ICBC Scholarship	Jeffco HS graduate; 3.0 GPA; Recommendations; Essay
June 23, 2011	Big Sun Scholarship 2009	Essay; www.studentscholarships.org
Ongoing	The Christian Connector Inc	Ages 17-21; resident of US or Canada; www.studentscholarships.org
Ongoing	Discover Colleges, Inc.	HS senior; Student athlete; Essay
Ongoing	College Access Scholarship	www.ChristianConnector.com
		www.discovercolleges.com
		www.educationcents.org

Regis University

Sunday, April 9, 2011
8:30 AM—2:30 PM
RSVP: 303-458-4900

MISCELLANEOUS OPPORTUNITIES**Colorado State University****19th Annual Black Issues****Forum**

June 14-18, 2011

Application due April 1, 2011

Questions: 970/213-4032

2011 Colorado Lorenzo De**Zavala Youth Legislative****Session**

June 19-26, 2011

Questions:-970/491-6909

La Raza Youth**Leadership Conference**

Saturday, April 23, 2011

9:00 AM-4:00 PM

Auraria Campus

\$15.00 per student

Deadline: April 15, 2011,

Youth Leadership Jefferson County

Deadline: May 6, 2011

Eligibility: Sophomores/

Juniors/Seniors during the

2010-2011 school year.

Program designed to de-

velop leadership potential

of high school students.

NCAA CLEARINGHOUSE

Any Senior who has not yet

filed an NCAA Clearinghouse

Form, and who plans to play

Division I or II athletics,

should see their Counselor

immediately. Information

and necessary websites are

available in our Office.

The following colleges have also sent information to Lakewood High School regarding scholarships available to students who attend their institutions:

- College of Idaho– Visionary Scholarship
- Colorado School of Mines– Beta Theta Pi Fall 2011 Scholarship
- Colorado State University– Beta Theta Pi Scholarship
- Grand Canyon University– Various Scholarships
- Red Rocks Community College-Variou Scholarships
- University of Wisconsin-Scholarships for Colorado students

REMEMBER TO INVESTIGATE SCHOLARSHIPS AND FINANCIAL AID OPPORTUNITIES OFFERED THROUGH THE COLLEGES AND UNIVERSITIES YOU MAY ATTEND. IF YOU HAVE NOT REGISTERED FOR THE COLLEGE OPPORTUNITY FUND, PLEASE DO SO IMMEDIATELY(Colorado Schools). YOU SHOULD ALSO CHECK WITH THE COUNSELING OFFICE FOR INFORMATION WE MAY HAVE ON FILE.

FINAL THOUGHTS

The following is an excerpt from “Empty Nest.....Full Heart” The Journey from Home to College, by Andrea Van Steenhouse, Ph.D:

Farewell

The robust journey these past months has been filled to overflowing with emotions and experiences for the students and the parents. Last time for this, first time for that, good-byes and hellos, successes and failures, closed doors and opened gates, the seriousness and the absurdity, the calm winds and the stormy seas. In fact, looking back, it feels like the turning of the weathervane in Mary Poppins, signaling the time for her to move on. The hope is that, as we near the end of this voyage and await their first summer home, we can rejoice in the passage. We trust that relationships have not only survived but have become enriched along the way. Though the nest is empty, our heart is full.

It is time. Our cherished children are now embraced by a new family. We need to trust that our values carry from home to school. It is also our hope that their new world confirms and even broadens their validity.

There have been many lessons we’ve discovered along our journey. We learned to know when to listen and when to speak, when to do and when to wait, realizing that we will be needing each other in different ways now. Knowing all of this gives us the confidence we need to acknowledge life’s affirmations as well as its mysteries.

As the circle of life repeats, we would wish to be blessed with each of us growing into a new, fuller person and with a family in which the whole is greater than the sum of its parts.

And so to begin...

GOOD LUCK SENIORS CLASS OF 2011

This is the last issue of Focus on Your Future for the 2010-2011 school year. We are very interested in your comments and feedback regarding the usefulness of the information shared with you on these pages and any suggestions you may have for next year. Please contact Susan Hunt in the Counseling Office at shunt@jeffco.k12.co.us.

ADMISSION POLICIES/ GENERAL DESCRIPTIONS

Open Admission

All high school graduates accepted, to limit of enrollment

ACT Composite/ 17-20

SAT Total/ 830-950

Liberal Admission

Some Freshmen from lower half of high school graduating class

ACT Composite/ 18-21

SAT Total/ 870-990

Traditional Admission

Majority of accepted Freshmen in top 50% of high school graduating class

ACT Composite/ 20-23

SAT Total/ 950-1070

Selective Admission

Majority of accepted Freshmen in top 25% of high school graduating class

ACT Composite/ 22-27

SAT Total/ 1030-1220

Highly Selective

Admission

Majority of accepted Freshmen in top 10% of high school graduating class

ACT Composite/ 27-31

SAT Total/ 1220-1380